



Discovering and Writing Your Own Personal Mission Statement

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THIS IS YOUR LIFE



Discovering Your Mission: Five Steps

ROLES, VALUES, CAUSES

1. Identify and list your life's roles. (Example: mother, father, friend, etc.)

Your List:

- | | | |
|----|----|----|
| 1. | 2. | |
| 3. | 4. | 5. |

2. State your goal or aim (*dedication and purpose*) for each role.

Your Statement #1:

In my role as _____, I seek to [*be or do*] . . .

OR: It is my aim to . . .

OR: I am dedicated to . . .

Your Statement #2:

In my role as _____, I seek to [*be or do*] . . .

OR: It is my aim to . . .

OR: I am dedicated to . . .

Your Statement #3:

In my role as _____, I seek to [*be or do*] . . .

OR: It is my aim to . . .

OR: I am dedicated to . . .

Your Statement #4:

In my role as _____, I seek to [*be or do*] . . .

OR: It is my aim to . . .

OR: I am dedicated to . . .

Your Statement #5:

In my role as _____, I seek to [*be or do*] . . .

OR: It is my aim to . . .

OR: I am dedicated to . . .

3. Your Values – The things you value most in life are . . .

[State not more than FIVE at this time]

- | | | |
|----|----|----|
| 1. | 2. | |
| 3. | 4. | 5. |

Your Statement #1:

The reason I value _____ is because . . .

Your Statement #2:

The reason I value _____ is because . . .

Your Statement #3:

The reason I value _____ is because . . .

Your Statement #4:

The reason I value _____ is because . . .

Your Statement #5:

The reason I value _____ is because . . .

4. Name the Important Causes that are important to you and to which you are passionate.

[Outside of self and family]

What causes, programs, or ideas MUST you give yourself to: for the rest of your life?

Write your statement for your CHIEF or PRIMARY cause: [Choose only ONE at this time.]

I give myself passionately (or will devote myself) to _____ for the rest of my life.

5. Succinctly state your short version Personal Mission Statement.

[This Statement may include elements of some of the above declarations or move beyond them to an even broader declaration encompassing all of who you are and desire to do.

Your Statement:

Therefore: It is my Mission on Earth to . . .

OR: I exist on this earth to...

OR: God has called me to ...