

Praying Through Ephesians

Paul's Letter to the Ephesians will change your life if you pray through its content. Here are several short prayers based on the themes in this wonderful book. Feel free to expand on this material to enrich your times of prayer.

PASSAGE 1

- **Text:** Ephesians 1:1-14
- **Theme:** Spiritual Blessings in Christ
- **Sample Prayer:** "Thank you, God for the spiritual blessings I have in Christ. Please help me to appreciate the spiritual riches that belong to me and to all believers. Amen."

PASSAGE 2

- **Text:** Ephesians 1:15-23
- **Theme:** Thanksgiving and Prayer
- **Sample Prayer:** "Dear God, I ask for spiritual enlightenment. Help me to know you better and to fully embrace the Lordship of Jesus Christ over all things. Amen."

PASSAGE 3

- **Text:** Ephesians 2:1-10
- **Theme:** Made Alive in Christ
- **Sample Prayer:** "Dear God, thank you for the new life I have in Christ. Help me to live my life as your divine masterpiece and to bear godly fruit. Amen."

PASSAGE 4

- **Text:** Ephesians 2:11-22
- **Theme:** Jews and Gentile Reconciled Through Christ
- **Sample Prayer:** "Heavenly Father, I am grateful you have brought near through the blood of Christ. Lord Jesus, you are my access to the Father. I am also a dwelling place for the Holy Spirit. May your life be evident in all that I do. Amen."

PASSAGE 5

- **Text:** Ephesians 3:1-13
- **Theme:** God's Plan for the Gentiles
- **Sample Prayer:** "Thank you, Dear God, that you have erased racial and ethnic requirements to be a part of your family. Thank you that I can approach you with freedom and confidence. Amen."

PASSAGE 6

- **Text:** Ephesians 3:14-21
- **Theme:** God's Second Prayer for the Ephesians
- **Sample Prayer:** "Father, I want Christ to dwell in my heart. Please fill my heart with the love of Christ. You can do immeasurably more than I can ask or imagine. To you be glory in the church and in Christ Jesus throughout all generations, forever and ever! Amen!"

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PASSAGE 7

- **Text:** Ephesians 4:1-16
- **Theme:** Unity and Maturity in the Body of Christ
- **Sample Prayer:** “Oh God, help me to live a life worthy of your calling. I desire to walk in unity with other Christians. I also want to use my gifts and abilities for the benefit of the body of Christ and to grow in love. Amen.”

PASSAGE 8

- **Text:** Ephesians 4:17-32
- **Theme:** Instructions for Christian Living
- **Sample Prayer:** “Dear God, help me to turn away from sin and walk in the light. Help me to have Christlike character and speech. Amen.”

PASSAGE 9

- **Text:** Ephesians 5:1-20
- **Theme:** Following God’s Example
- **Sample Prayer:** “Help me to be an imitator of God and to walk in love. Help me to live a Spirit-filled, Spirit-controlled life. Amen.”

PASSAGE 10

- **Text:** Ephesians 5:21-33
- **Theme:** Godly Submission
- **Sample Prayer:** “Heavenly Father, help me live this lesson with my family today: *To submit to one another out of reverence for Christ.* Amen.”

PASSAGE 11

- **Text:** Ephesians 6:1-9
- **Theme:** Instructions for Children and Employees
- **Sample Prayer:** “Dear God, please bless our parents, children, employers, and employees to behave in a humble and Christlike manner. Amen.”

PASSAGE 12

- **Text:** Ephesians 6:10-18
- **Theme:** Armor of God
- **Sample Prayer:** “I put on the full armor of God ...”

PASSAGE 13

- **Text:** Ephesians 6:19-24
- **Theme:** Final Statements
- **Sample Prayer:** “Thank you for Paul’s witness and ministry. Please continue to bless me and my brothers and sisters in Christ to embrace the wonderful truths you revealed to him. Amen!”